

Kindergarten Readiness

Social/emotional readiness directly impacts learning. It's important to remember that the typical Kindergartner falls somewhere in the middle on a continuum of readiness.

Here is a list of some important components of readiness:

- Self-care: learning how to dress oneself, toileting
- Playing more with other children, interacting with peers
- Curiosity, willingness to learn
- Using language to express needs and wants
- Self-regulation: following directions, paying attention, controlling impulses, problem-solving
- Fine motor skills: holding a pencil, cutting with scissors

What can parents do to help their children prepare for Kindergarten?

- Talk to your child and respond to questions.
- Read with and to your child! This is one of the most important things a parent can do. Talk about the story; ask your child to make predictions about the story.
- Use every day experiences to talk about numbers, words and use language. A trip to the supermarket can incorporate reading, using numbers, and lots of talking.
- Encourage your child to dress him/herself. Encourage helping out at home.
- Encourage play time with friends as well as time to play alone. Encourage imaginative play.
- Provide paper, crayons, markers, scissors, pencils for "writing" and drawing.

For more information,
or to request a parent consultation,
please call FSG at 847-835-5111
or email our program director at
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