

# the GLENCOE QUARTERLY

Community Newsletter

Fall 2015

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VILLAGE  
OF GLENCOE

GLENCOE  
PARK DISTRICT

GLENCOE  
SCHOOL DISTRICT 35

FAMILY  
SERVICE OF GLENCOE

## Family Service of Glencoe

*The Heart of Our Community Since 1914*

Back row (left to right): Bill Hansen, Joan Merlo, Chuck Hutchcraft, Julie Pettinato, Al Ross, Brian McHugh  
Front row (left to right): Kathy Livingston, Sarah Scherdt, Alicja Lapaj, Cindy Brunson

## Village President

Lawrence R. Levin

## Board of Trustees

Trent Cornell  
Barbara Miller  
Peter Mulvaney  
Scott Pearce  
Dale Thomas  
Jonathan Vree

## Village Manager

Philip A. Kiraly

## Village of Glencoe

675 Village Court  
Glencoe, IL 60022

Public Works: 847-835-4111

Public Safety: 847-835-4112

Finance Department: 847-835-4113

Village Manager's Office: 847-835-4114

Website: [www.villageofglencoe.org](http://www.villageofglencoe.org)

Find us on Facebook and Twitter!



## Coming Events & Key Dates

### September 11 Remembrance

Friday, September 11  
7:45 a.m. | Am Shalom

### Halloween Hello

Saturday, October 31  
10:00 a.m. to 4:00 p.m.  
Downtown Business District

### Trick-or-Treating Hours

Saturday, October 31  
4:00 p.m. to 8:00 p.m.

### Daylight Savings Time Ends

Sunday, November 1  
Fall Back One Hour

### Light the Village Lights

Friday, November 27  
5:00 p.m. | Park and Vernon Avenues



## VILLAGE PRESIDENT'S MESSAGE

Dear Neighbor:

In the Chicago area, we often say there are only two seasons, Snow and Construction. Our little Village has certainly had its share of construction this year with Green Bay Road just completed and Sheridan Road resurfacing about to begin. Even with construction, we had many wonderful summer events in Glencoe including the Festival of Art. With summer drawing to a close we transition to the back-to-school season and the beautiful fall colors as the crisp autumn weather causes our leaves to change.

One thing that has not yet changed is that our State government continues to be gridlocked over how to resolve its budget crisis. So as we plan ahead for our Village's next fiscal year's budget, we continue to face the prospects of property tax freezes and reduced State funding, coupled with increased costly unfunded State mandates and imposed consolidations. Over many years our residents have expressed the belief that Glencoe's high level of resident centric services, including our Public Safety operations, are one of the things that makes Glencoe a unique and wonderful place to live.

To help us plan, this fall the Village will conduct a community-wide survey and we want to hear from you! The survey will ask about your satisfaction with the services the Village provides and your thoughts about what our Village should prioritize over the next several years. Your input is very important to us, and we hope that when you get the survey you will spend a few minutes sharing your thoughts. Your feedback will help us develop our goals and priorities for the coming year to ensure we continue to provide you with high-quality services and that Glencoe continues to be a highly desirable

place to live, work and play. Please watch for the survey in your mailbox in mid to late September, which will include instructions for completing the survey online or by mail, if you prefer.

In October we are looking forward to an exciting event. The Public Safety Department will take delivery of a new fire engine, which will mark the 10th motorized fire engine to serve the Village since its foundation. It turns out that this is not only a special milestone for the Village and the Public Safety Department, but it is also a special event for the Northern Illinois Fire Museum. The Northern Illinois Fire Museum maintains a permanent display of firefighting apparatus and equipment of historic value. Glencoe takes such good care of its equipment that the Museum has asked us to permit them to put our old reserve 1981 American LaFrance Century edition pumper on display as part of their historic preservation collection. When our new engine is placed into service, the current first line fire engine will become our reserve engine, and our 1981 American LaFrance will go to the Museum. For more information about the Village's firefighting equipment and the Village's ceremony to welcome the new engine, please turn to page 3.

Later this fall, as you begin to think about the holiday season and gathering with family and friends, I encourage you to think of our own local shops, restaurants and attractions for holiday gifts and merriment. Shopping in Glencoe is a perfect opportunity to support our local businesses. The entire community benefits by maintaining our wonderful local businesses and keeping our sales tax dollars in Glencoe. Remember, those tax dollars are invested in our community by supporting the cost of Village services. Whether it's one of our unique stores, delicious restaurants, delightful natural or cultural amenities, there's something for everyone this holiday season in Glencoe. ■

Sincerely,

*Larry Levin*

Village President



# The Department of Public Safety Celebrates Fire Prevention Month

## Arrival of New Fire Engine

The Village of Glencoe fire brigade was created within months of the Great Chicago Fire, the tragic 1871 conflagration that killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures, and burned more than 2,000 acres. The fire began on October 8, but continued into and did most of its damage on October 9, 1871. In 1922, President Wilson created the annual public education effort by proclaiming Fire Prevention Day each October 9<sup>th</sup>. The observance has extended from a day to a week and the entire month of October by communities dedicating their public education efforts to remembering those that lost their lives to structure fires.

During the month of October, Fire Prevention Month, Glencoe will place into service a new fire engine; its tenth motorized fire engine in the last 100 years. Glencoe purchased its first motorized fire engine in 1915. The first Knox American LaFrance chemical car was capable of pumping up to 50 gallons per minute (GPM). Glencoe went on to purchase strictly American LaFrance engines until 1981 when the first Pierce brand fire engine entered our station. When the Village takes delivery in October 2015 of a new E-ONE Typhoon 2000 GPM pumper, it will be the first of the E-ONE brand placed into service in our community. Our current reserve fire engine (E30R, pictured on page 2) is a 1981 American LaFrance Century Edition pumper and has served Glencoe flawlessly for 34 years; it will be donated to the Northern Illinois Fire Museum ([www.nifm.net](http://www.nifm.net)) located in Marengo, Illinois. At the museum, it will be maintained and displayed with pride by the dedicated volunteer museum staff and loaned back to Glencoe for ceremonies and parades.

A small ceremony is being planned to celebrate the tradition of welcoming the arrival of the new engine and retirement of E30R. Preliminary plans are to partner with the Glencoe Historical Society by inviting the media, public, area fire departments, and current and retired Glencoe firefighters to attend the ceremony on a date to be determined during fire prevention month. Check the Village's website for news on the ceremony.

Please join us in observing Fire Prevention Month by making fire safety a priority as well as being a part of one of our community's rich historical milestones by attending a ceremony celebrating the service of our oldest and newest fire equipment. ■

## Hear the Beep Where You Sleep.

### Every Bedroom Needs a Working Smoke Alarm!



Location matters when it comes to your smoke alarm. That's the message behind this year's Fire Prevention Week campaign, "Hear the Beep Where You Sleep. Every Bedroom Needs a Working Smoke Alarm!"

Along with firefighters and safety advocates nationwide, Glencoe Public Safety is joining forces with the nonprofit National Fire Protection Association (NFPA) during Fire Prevention Week, October 4-10, to remind

local residents about the importance of having working smoke alarms in every bedroom, outside each sleeping area, and on every level of the home, including the basement.

In a fire, seconds count. Half of home fire deaths result from fires reported at night between 11 p.m. and 7 a.m. when most people are asleep. Home smoke alarms can alert people to a fire before it spreads, giving everyone enough time to get out.

According to the latest NFPA research, working smoke alarms cut the chance of dying in a fire in half. Meanwhile, three out of five fire deaths resulted from fires in homes with no smoke alarms or no working smoke alarms.

This year's Fire Prevention Week campaign includes the following smoke alarm messages:

- Install smoke alarms in every bedroom, outside each separate sleeping area and on every level of the home, including the basement.
- Interconnect all smoke alarms throughout the home. This way, when one sounds, they all do.
- Test alarms at least monthly by pushing the test button.
- Replace all smoke alarms when they are 10 years old or sooner if they don't respond properly.
- Make sure everyone in the home knows the sound of the smoke alarm and understands what to do when they hear it.
- If the smoke alarm sounds, get outside and stay outside. Go to your outside meeting place.
- Call the fire department from outside the home.

The Glencoe Department of Public Safety will reinforce "Hear the Beep Where You Sleep. Every Bedroom Needs a Working Smoke Alarm!" through school visits and public education efforts during contacts with the community. Public Safety personnel will ask residents if they have a working smoke detector on each level of their home; they will then remind them to change their battery every six months with the daylight savings time change. The Glencoe Department of Public Safety will also participate in the community event Harvest Fest at Kalk Park on Saturday, October 3, 2015 from 10 a.m. to 2 p.m. Glencoe's new Fire Engine will be on display as well as the Fire Safety education trailer on loan from neighboring Wilmette Fire Department. Through these educational, family-oriented activities, residents can learn more about the importance of having a working smoke alarm in every bedroom.

To find out more about Fire Prevention Week programs and activities in Glencoe, please contact the Glencoe Department of Public Safety at 847-835-4112. To learn more about smoke alarms and "Hear the Beep Where You Sleep. Every Bedroom Needs a Working Smoke Alarm!" visit NFPA's Web site at [www.firepreventionweek.org](http://www.firepreventionweek.org) and [www.sparky.org/fpw](http://www.sparky.org/fpw). ■

### Sign up for Glencoe Connect to Receive Village Alerts!

Sign up today to receive emergency and non-emergency alerts from the Village through Glencoe Connect. All home phones are automatically subscribed for emergency alerts. Signing up allows you to also receive emergency and non-emergency alerts to cell phone and work phone numbers and also by text and email.

Non-emergency alerts have been used to share road construction updates, power outage updates after storm events, messages from the Department of Public Safety regarding residential burglaries, and more. If you had not already created a personalized account for Glencoe Connect you would not have received these messages! Visit [www.villageofglencoe.org](http://www.villageofglencoe.org) to sign up today - click "Sign Up for Glencoe Connect" in the bottom right corner, then click "Don't have an account? Sign up" at the bottom of the page. ■

## Tee Time

with Stella Nanos  
General Manager

### Glencoe Golf Club

621 Westley Road | 847-835-0250  
www.glencoeclub.com



Dear Glencoe Residents,

Fall golf at the Glencoe Golf Club is a great way to enjoy the autumn colors on the tree lined fairways of the golf course. We invite you to come out and take advantage of the last days of mild temperatures before the snow flies and to participate in our special events and lesson programs this fall.

Keep your game in shape throughout the year with golf programs for both children and adults. After school programs will be taught throughout the fall and winter to help your children continue to improve their golf swings. Winter instruction for adults will also be offered in our clubhouse utilizing V1 Video Analysis and a Flightscope 3D Golf Simulator. This is a great opportunity to keep your game in shape during the winter months or to fine tune your swing for your winter destinations.

The 9<sup>th</sup> Annual Glencoe Open will take place on the weekend of September 12-13. This is a 36-hole competitive stroke play tournament open to all individuals with a handicap of 18 and under. This is the most popular event of the season so please sign up early as the field fills up quickly.

The Senior Fall Classic will be held on Thursday, October 8<sup>th</sup> and is open to all golfers ages 60 years old and up. The event will begin at 8:30 am with a shotgun start and includes 18-holes of golf, contests throughout the course and an awards luncheon following golf. Bring your friends out to enjoy this non-competitive, fun filled event.

On Saturday, November 7<sup>th</sup>, the Hard Course Day & Chili Open will take place. The golf course will have the pin positions set up in the most challenging locations; a chili lunch will take place following this event. For more information and applications for all of these events please visit our website at [www.glencoeclub.com](http://www.glencoeclub.com) or stop by the golf shop.

We hope to see everyone out this fall to enjoy the golf course, events and lesson programs that are offered at the Glencoe Golf Club! ■



## Capital Improvement Projects Update

### Green Bay Road Maintenance Resurfacing

Work was completed in early August on the resurfacing improvement on Green Bay Road from Park Avenue to Lake-Cook Road. This improvement included the construction of a new landscape median north of Tudor Court that will serve to control and alert traffic approaching the downtown area from the north as well as provide a future protected pedestrian crossing from the commuter lots across Green Bay Road.



### Sheridan Road Maintenance Resurfacing

Work is expected to be underway in September on a resurfacing improvement on Sheridan Road from Lake-Cook Road to Winnetka Avenue in the Villages of Glencoe and Winnetka. This IDOT improvement will include some curb replacement, pavement grinding & resurfacing and some drainage improvements through the ravine area in north Winnetka. Sheridan Road will remain open to traffic during this improvement but some daytime delays and detours should be expected. Residents who regularly travel Sheridan Road are encouraged to look for an alternate route. Go to the Village website at [www.villageofglencoe.org](http://www.villageofglencoe.org) for regular updates on construction.

### Sanitary Sewer Lining Improvements

Work will be underway this fall on sanitary sewer lining as part of the 2015 Bond Issue Improvement Program. Sanitary sewer segments in various locations will be targeted for this “trenchless” rehabilitation application which is intended to upgrade deteriorated pipe and reduce inflow and infiltration (I/I). I/I contributes to basement backups during storm events. Look to the Village website for details on the specific areas where sewer lining work is being completed. ■

### Save the Date!

#### FGBT's 5<sup>th</sup> Annual Buckthorn Barbecue

“Rails to Trails: Community Connections”

Featuring: The 606/Bloomington Trail

October 22, 2015 - 6:30-9 p.m. - Chicago Botanic Garden

Find us at [www.gbtrail.org](http://www.gbtrail.org) and on Facebook



Removing Invasives  
Planting Natives • Creating Habitat

## Parkway Leaf Collection Begins Mid-October

The Village's annual Fall Curbside Leaf Collection Program will be offered for seven weeks beginning October 12. Leaves will be collected from the parkway area in residential neighborhoods. Residents participating in the Curbside Leaf Collection Program are asked to note the following:

Leaves should be piled in a row along the parkway in front of your property and should not be placed in the street under any circumstance. Leaf piles in the street are a traffic hazard and clog the storm sewer basins, resulting in street flooding. A long, low row is better than a single large pile and limits the blowing of leaves into the street or back onto the yard.

The Village will be operating multiple parkway leaf collection crews continually during the program period and anticipates passing through every neighborhood 4-5 times before the end of November. Residents are encouraged to check the Village website regularly for an area-by-area map and estimated progress schedule. The final pass will be made the last week of November and the last day of collection will take place on November 27.

Residents who use a landscape contractor to maintain their yard are urged to have the contractor remove leaves at the time their yard is serviced. Most residents who use landscape contractors are paying for disposal of leaves as part of their service.

Remember, use of gasoline powered leaf blowers is permitted beginning September 15 through December 15. Commercial landscape maintenance contractors may operate Monday through Friday between 7:00 a.m. and 7:00 p.m., and Saturdays from 9:00 a.m. to 6:00 p.m. Commercial landscape maintenance contractors are prohibited from working on Sundays and holidays. For additional information, please contact the Public Works Department at 847-835-4111. ■



## Chamber Corner

### Welcome to Fall

The Glencoe Chamber of Commerce Members and Directors hope you had a delightful summer. And now, we are moving into the fall season when the pace picks up, with children returning to school and personal and work schedules getting busier. One of the best ways to minimize this hectic time is by planning to patronize Glencoe's business community. Our stores and professional and personal services offer top quality, value and excellent help with all your needs. You will save your time and enjoy the convenience of "staying local" for shopping, appointments, errands, dining and more.

This time of year also means that holidays will be coming. The Chamber will again hold the fun-filled, treat-filled "Halloween Hello" on Saturday, October 31, followed by another Glencoe tradition, "Light the Village Lights" on Friday, November 27. And then suddenly, it will be the December holidays with "Saturdays of the Season" activities in the business district. Please check the Chamber website, [www.glencoechamber.org](http://www.glencoechamber.org), for more information as these events get closer. ■



## Forestry Corner...

### What You Need to Know

Preserving, protecting and enhancing the forested character of Glencoe remains a high priority. The presence of trees improves air quality, conserves energy, reduces soil erosion, and enhances property values within the Village. It is the policy of the Village to balance the private property rights of landowners, while maintaining the existing public health, safety and welfare qualities that trees



provide to the surrounding environs. **Residents are reminded that all tree removals for trees 8-inch diameter or larger on private property require a permit.** Proposed tree removals in front yards, and corner property side yards require written justification, but still may not be permitted to be removed, unless the tree is in poor health or has visible defects that pose a clear risk to the health, safety or welfare of the public as determined by the Village Arborist. Dead, diseased or nuisance trees, 8-inch or larger in diameter, also require a permit but no fee is charged. Nuisance trees include Boxelder, Buckthorn, Cottonwood, Mulberry, Poplar, Tree of Heaven, and Willows. Lastly, all tree removal on ravine and bluff areas of private property require review by Village staff under the requirements of the Village's steep slope ordinance. Tree removal permit applications can be obtained from the Public Works office at the Village Hall. The Village has the authority, granted by ordinance, to halt any tree impact activity unless a tree permit has been issued.

If you are planning any tree removal work on your property please contact the Public Works office first to understand the Village tree removal requirements. For further information please consult the Village website at: [www.villageofglencoe.org/departments/public\\_works/tree\\_programs/](http://www.villageofglencoe.org/departments/public_works/tree_programs/). ■

## Board of Park Commissioners

Seth Palatnik, President  
Dudley Onderdonk, Vice President  
Lisa Brooks, Treasurer  
Steve Gaines, Commissioner  
Andre Lerman, Commissioner

## Executive Director

Lisa Sheppard, CPRP

## Glencoe Park District

999 Green Bay Road  
Glencoe, IL 60022

Phone: 847-835-3030

Fax: 847-835-7972

Website: [www.glencoeParkDistrict.com](http://www.glencoeParkDistrict.com)



## Special Events:

### Free! Worldwide Day Of Play

2:00-4:00 p.m. | Saturday, September 19  
Takiff Center

### Free! Harvest Fest

2:00-8:00 p.m. | Saturday, October 3  
Kalk Park

### Boo Bash

5:30-7:00 p.m. | Thursday, October 22  
Takiff Center

### Battle of the Dee-Jays

7:00-9:00 p.m. | Friday, November 6  
Takiff Center

### New! Breakfast With A Twist

9:00-11:30 a.m. | Saturday, November 21  
Takiff Center Park



## FROM THE PARK BENCH

Dear Glencoe Friends and Neighbors:

As a working mom, I know how important it is to manage kids' schedules and a demanding job. With the start of the new school year, I'd like to draw your attention to a few programs designed to help busy families juggle childcare, recreation activities, and learning opportunities.

For over thirty years, Children's Circle Full Day Preschool has offered all-day care and learning opportunities for kids 15 months through kindergarten. To accommodate working parent's schedules, Children's Circle is open fifty weeks per year, from 7 a.m. to 6:30 p.m. The heart of Children's Circle lies in our teachers, some of whom have been part of our team for over twenty-five years! Our teachers take pride in watching your children learn and grow in our state-of-the-art facilities. I invite you to tour our classrooms, meet our teachers, and find out why 97% of parents are satisfied with our Children's Circle program.

This fall, we are proud to offer two new programs: Kinder Kids Club and Kids Club. Designed for working families, both wrap-around programs offer before and after school care for school-age children. Kids Club starts the day with quiet activities and games at Watts Ice Center, and parents can drop-off participants anytime between 7 and 9 AM. Kindergarteners stay for a full morning of global enrichments before being walked to South School for class. After-school, club members are bused to the Takiff Center for homework, snacks, and organized games. Parents can pick up students any time before 6 PM from the after-school program.

Finally, on select District 35 holidays, we are offering a full day of fun for school-age children to enjoy. We'll travel on field trips or stay at the Takiff Center for games, sports, ceramics and more. Each School Day Off program includes lunch and age-appropriate activities for kids to enjoy.

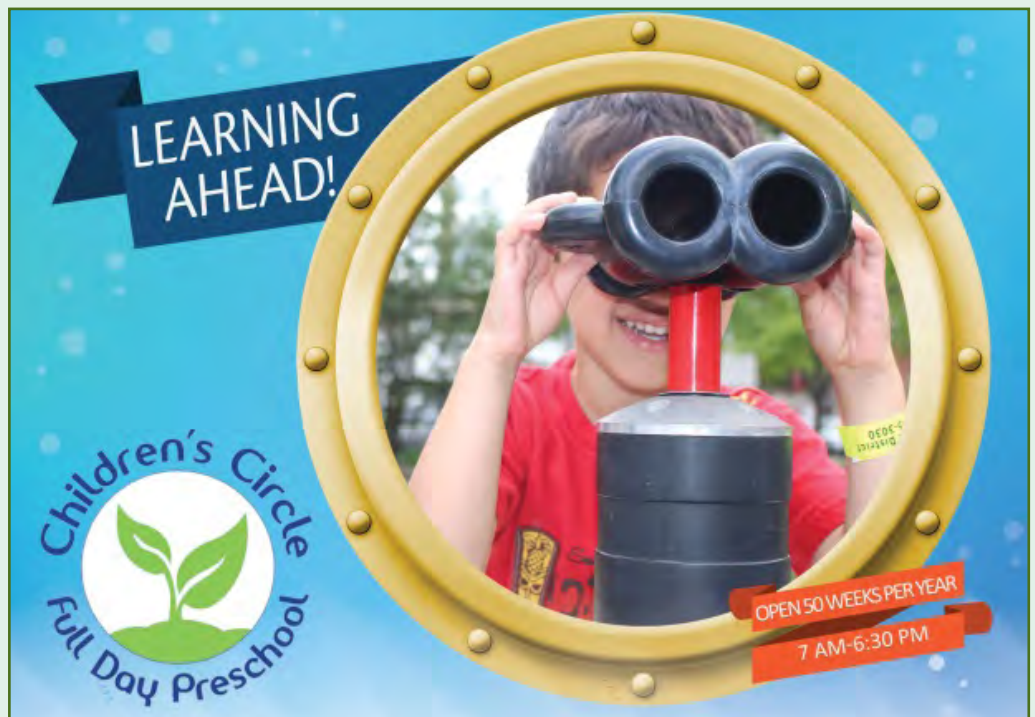
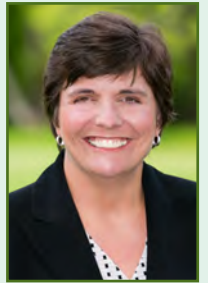
With the bustle of fall activities, I encourage you to take time each day to remember to play! ■

Sincerely,

*Lisa Sheppard*

CPRP

Executive Director



## Central Park Update

A Task Force comprised of residents, neighbors, Glencoe Baseball Association, and Glencoe Youth Services as well as representatives from the Village of Glencoe, School District 35 and Glencoe Park District spent the summer discussing amenities and concepts for Central Park. Their findings were developed into a conceptual plan, which was approved by the Glencoe Park District Commissioners at their July 21 meeting. The approved concept includes a new Mustang-sized baseball field; a post and net backstop system; open dugouts at grade with a limestone veneer and an architectural shingled-roof to match the shelter; spectator seating to include a bleacher system and/or stadium seating; a limestone veneer shelter with restrooms and architectural shingled-roof located west of the Glencoe Youth Services building (if it remains within the donation budget); a wireless controlled scoreboard with automatic shut-off similar in size to the current scoreboard; and stone entry signs that follow Glencoe Park District signage guidelines. The field will retain its legacy location.

At its August 18 meeting, the Board approved a motion to include a temporary home run fence in the design, which will be managed by Park District staff. "Hitting a home run over the fence gives children a goal to focus on and a lifetime memory when achieved," said Commissioner Dudley Onderdunk. "By including a temporary fence in the design, children may experience the emotional victory of hitting a ball over a home run fence. The flexibility of the temporary fence will allow all three levels of little league play to take place at the field: Pony, Bronco, and Mustang. Entrusting the professional field management to Park District staff will ensure the temporary fence is used correctly and not a burden to baseball volunteers. With Park District staff managing the game day installation, the field will also be free for multi-use play by the entire community on other days."

The Board approved a donation agreement with Andrew Berlin in honor of his father, Melvin Berlin. The \$1 million donation will be used to renovate the ball field and amenities at Central Park, which will be renamed Melvin Berlin Park in honor of Melvin Berlin. Melvin Berlin is a long-time resident of the Glencoe community and former member of the Glencoe Park District Board of Commissioners (1973-1976). Melvin is a strong pillar in the Glencoe community and a big baseball fan.

"The new park will be a great tribute to my father. The field represents his love of the Park District, the Glencoe community, and the great game of baseball," said Andrew Berlin.

The project will now move into the design development phase and the community will have the opportunity to comment on the final design at public forums. "Melvin Berlin Park will advance the Glencoe Park District's mission to enrich lives and create memorable experiences for current and future generations. We are thrilled to be involved in this endeavor," said Lisa Sheppard, Executive Director of the Glencoe Park District.

For more information, visit [www.GlencoeParkDistrict.com](http://www.GlencoeParkDistrict.com). ■



## Learning Ahead!

### Discover Why Parents Trust Children's Circle

They say young children learn best when they feel emotionally safe and supported. Glencoe's youngest students look to teachers Marsha Cohen and Terri Zidron to guide their child's education during the work day. As Children's Circle teachers, the two are part of a close-knit group of educators who have a long history at the Glencoe Park District.

Children's Circle is a full day preschool program for children ages 15 months to 6 years old, which combines flexibility and high-quality teaching to create a unique program geared to the diverse needs of busy families.

Unlike many full-day child care options, the Children's Circle takes pride in the longevity of staff. "Kids begin the program as toddlers. Each year marks the transition into a new classroom, which is made more comfortable by the friendly faces of familiar teachers," said Naomi Garvett, Early Childhood Program Manager. "Walk into any classroom, and the loving care the children receive on a daily basis is evident."

Children's Circle is licensed by the State of Illinois, meeting or exceeding state standards for health, safety and staff training. A day at Children's Circle reflects our philosophy that children learn best through meaningful interactions with the world around them.

"Parents can go to work and know their children are safe. Not only do we providing a nurturing and caring environment, but we emphasize education and really care about the development and social skills of each individual child," said Terri.

Teachers strive to keep parent communication lines open, in order to share concerns and milestones with each other. "I love to hear when a child learns to ride his bike over the weekend or brings ideas from the classroom home to share with mom and dad," said Terri. Marsha agrees, "Parents go to work, comfortable their child is in good hands. They know how much love and support we give to each individual child on a daily basis."

Learning is an active process, whether it happens during a teacher-guided group experience or during free choice play. "At Children's Circle, our mission is to provide a secure place for your child to interact with the world, incorporating hands-on and teacher-facilitated experiences that are meaningful and relevant to your child's stage of development," said Naomi.

"We care about the children's well-being. We want to see kids succeed both academically and socially," said Terri. "Everything can be a lesson. While learning, we are also having fun."

For more information on Children's Circle, contact Naomi Garvett, Early Childhood Manager, at 847-835-3035 or by email [ngarvett@glencoe parkdistrict.com](mailto:ngarvett@glencoe parkdistrict.com). ■



## Thank You, Dan!

### *Park Supervisor Dan Barchenger Set To Retire After 42 Years*

On August 28, 1973, sixteen-year-old Dan Barchenger was dropped off for his first Saturday shift in the Parks Department. Henry Kalk showed him to the Director's House, gave him a lawn mower, can of gas, and a pair of hand clippers, and told him to start mowing north. "I could barely move the next day."



Taking advice from his teammates, Dan found new ways to work smarter... and how to safely avoid injuries. His after-school job soon included other responsibilities, such as acting as an attendant at the then Central Park outdoor ice rink and painting the community center, then housed at Watts. After graduating from Buffalo Grove High School, Dan's part-time job became a full-time career and he was soon promoted to Parks Supervisor. Along with the Director of Parks, Dan oversaw the renovation of numerous playgrounds and parks, as well as Glencoe Beach, Watts Ice Center, and the Takiff Center.

Each changing season brings a new challenge, which keeps the work interesting. Since starting his career, Dan says the Parks Department crew has stayed the same size, but the crew's responsibilities have more than doubled. "I'm proud of the fantastic work my team does. The equipment has made the job easier, but we are able to accomplish a great deal due to collective skill of the individuals on my team," said Dan.

After forty-one years, Dan is looking forward to extended trips to his lake house, as well as spending time with his wife, sons, and friends. "It's time for the next generation to have my experiences. I'll miss the relationships I've developed with individuals at the Park District, the Village, and in the field...I won't name names, but those people know who they are and how important they are to me."

"Dan's service, dedication and leadership abilities have been an asset to the Glencoe Park District through a period of rapid growth," said Executive Director Lisa Sheppard. "We wish him well as he prepares for future endeavors." ■

## Introducing Kids Club!

### *Revamped program offers Before & After School Care for Kindergarten-Fifth Grade*

This fall kicks off a brand new program: Kids Club! Kids Club strives to create a warm, loving, safe, and FUN home environment for your children before and after a long day of school.

"Our goal is to make parent's lives easier, by providing care options on school holidays, before the school day begins, and after the bell rings for the afternoon," said Breanne Schnoor, Arts and Youth Program Manager. "Our programs offer children high-quality activities with their peers, supervised by enthusiastic teachers, to meet the needs of busy parents."

Parents can drop kids off any time after 7 a.m. and pick them up any time before 6:30 p.m. The morning is filled with quiet games and activities, while the after-school hours are filled with play, homework, and fun.

On District 35 teacher institute days and holidays, School Day Off Fun programs offers parents an alternative to taking the day off. Children travel to bowling alleys, pumpkin farms, and other seasonal spots or stay inside for arts, ceramics, and sports led by specialty instructors.

"With half day kindergarten the only option for Glencoe students, Kinder Cultures/Concoctions provides kindergartners a full day of learning," said Breanne.

The popular global adventure class is available for Kinder Kids Club participants each day. From science to reading, cooking, and art, each week a different culture is studied, with a different theme for each day.



"We bring the world into the classroom by playing international games, celebrating global holidays, singing songs in different languages, sharing folktales, and exploring architectural landmarks," said Breanne. "Our teachers bring the world to student by inviting special guests to share dances, songs, and cultural rituals."

To learn more, please visit [www.glencoe park district.com](http://www.glencoe park district.com). ■

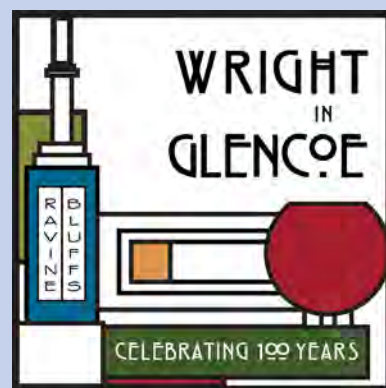
## Glencoe Historical Society's Ravine Bluffs Centennial Gala

*October 3, 2015 at 6:30 p.m. at Am Shalom, 840 Vernon Avenue*

Mark your calendars now and plan to spend the evening of October 3 at the Ravine Bluffs Centennial Gala. This "once in 100 years" party culminates the Glencoe Historical Society's year-long celebration of Frank Lloyd Wright's work in Glencoe. The party will be held at Am Shalom, 840 Vernon Avenue.

Cocktails begin at 6:30 p.m. followed by dinner and a spectacular program featuring an auction of the Wright Around Town markers that have decorated the downtown Glencoe business district this summer. Pick your favorite marker, make the winning bid and take it home for a special place in your garden – or buy it and donate it to one of our community organizations for ongoing display. Proceeds of the auction will benefit the programs and exhibits of the Glencoe Historical Society.

Tickets for this very special event are \$100 per person and are available online at [www.wrightinglencoe.org](http://www.wrightinglencoe.org). Come enjoy the food, the music and the fun that happens only once every 100 years! ■







## Don't Miss our Upcoming Special Events!

### Free! Worldwide Day Of Play

2-4 p.m. | Saturday, September 19 | Takiff Center

We're joining in Nickelodeon's 12<sup>th</sup> Annual Worldwide Day of Play celebration with a fun-filled afternoon. Each year Nickelodeon goes completely dark for three hours, removing programming from all channels and shutting down their website to reinforce one message: *Get Up, Get Out and Go Play!* Join us for a monumental day of play, including crafts, games, sports and wellness programs.

### Free! Harvest Fest

2-8 p.m. | Saturday, October 3 | Kalk Park

Celebrate the harvest at one of the best community spirit events of the year! Start the day with a 5K race at 8 AM, sponsored by the Glencoe Educational Foundation, through downtown Glencoe. Then, spend the afternoon (2-4:30 p.m.) at Kalk Park enjoying family-friendly games, attractions, entertainment, and food presented by Glencoe Park District. Beginning at 4 p.m., Glencoe Junior High Project and Glencoe Youth Services will host *A Taste of Fall* with delicious food, beverages, musical entertainment and much more! Halloween pumpkins will be available for purchase throughout the day. All ages welcome.

### Boo Bash

5:30-7 p.m. | Thursday, October 22 | Takiff Center

\$7 per person by October 21; (\$10 per person on October 22)

Children 12 months and under are free

Calling all ghosts and goblins! Enjoy a Boo-tiful evening filled with crafts, carnival games, treats, entertainment and pizza. Wear a costume and bring a trick-or-treat bag! Registration begins on Wednesday, September 16 and must be done in-person at the Takiff Center. Children must be accompanied by a paying adult. Advanced registration is encouraged; all ages welcome.

### Battle of the Dee-jays

7-9 p.m. | Friday, November 6 | Takiff Center | Grades 5-8 | \$5 per guest/\$10 per DJ

Register at [www.GJHP.org](http://www.GJHP.org)

One night only! Hang out as your friends share their favorite beats and then vote for the best DJ in Glencoe! Spin music as a DJ or party at the "nightclub" by visiting [www.gjhp.org](http://www.gjhp.org). Sponsored by the Glencoe Junior High Project and the Glencoe Park District.



### New! Breakfast With A Twist

9-11:30 a.m. | Saturday, November 21 | Takiff Center Park | \$10/15 per person

Child: 220870-01; Adults (must accompany child): 220870-02

Fill up on fun and flapjacks! Parents and special guests will enjoy a breakfast (served at 10:30 a.m.), made especially for you by your children. The young chefs will make pancakes, decorate place mats, and act as your breakfast waiter. While the kids cook, parents will enjoy free activities planned just for you! A schedule of activities will be made available upon registering. ■





# Glencoe District

## SCHOOL DISTRICT MESSAGE

### Board of Education

Mrs. Julie Ackerman  
Mr. Robert Bailey  
Mr. Edward Chez  
Mrs. Jean Hahn  
Dr. Marc Glucksman  
Mr. Gary Ruben- President  
Mr. Michael Sherman

### Superintendent

Catherine Wang

### Contact Information

Board of Education  
Glencoe School District 35  
620 Greenwood Avenue  
Glencoe, IL 60022

Phone: 847-835-7800

Fax: 847-835-7805

Website: [www.glencoeschools.org](http://www.glencoeschools.org)



### Coming Events:

#### 3<sup>rd</sup> /4<sup>th</sup> Grade "Go-to-School" Night

Thursday, September 3 | 6:30 p.m.

#### 5<sup>th</sup> Grade "Go-to-School" Night

Tuesday, September 10 | 6:30 p.m.

#### 6<sup>th</sup>-8<sup>th</sup> Grade "Go-to-School" Night

Thursday, September 17 | 6:30 p.m.

#### Kindergarten Registration – South School

Thursday, October 1 | 7:00 a.m. – 6:00 p.m.

#### West School Fair and PTO Book Fair

Friday, October 23 | 5:30-7:00 p.m.

#### Parent/Teacher Conferences

Thursday, November 12

Friday, November 13

#### Central School Fall Music Festival

Thursday, November 29 | 7:00 p.m.

Dear Parents and Community Members,

During my time in Glencoe, I have witnessed daily evidence of meaningful student learning and the passion with which staff members approach their charge. The progress made within our schools over the last twenty years has been tremendous; however, we cannot acknowledge where we are today without honoring the work of our teachers, administration and the commitment from our Board of Education. As we approach new initiatives, curricular changes, or requirements from the Illinois State Board of Education, one question remains constant, "How does this decision impact our students?" I am honored to assume a new role and continue this focus for the children, parents and staff within the Glencoe community.

We start the new school year welcoming over 20 new staff members to teaching and support positions across our schools. As we hosted orientation for the new teachers, we shared a copy of What's So Great About Glencoe? published through the Glencoe Historical Society. Filled with historical facts and stories from the early days of the village, we are reminded that while the buildings and roads help to tell the story of our community, it remains the people and strong sense of community that shine through as the true gifts of Glencoe. In addition to our community partners, we must thank the Glencoe Parent Teacher Organization (PTO) and Glencoe Educational Foundation (GEF) for their ongoing contributions. Our West School students will enjoy hands-on learning in our new garden thanks to PTO's generosity. Staff and students in classrooms at South and Central will benefit from the installation of updated SMARTBoard technology, thanks to the generosity of the GEF. These enhancements would not have been possible without the support of both the PTO and the GEF.

As we move into a new school year, I invite you to remain connected to the events across our district. Consider taking time to volunteer in our schools; opportunities exist in all forms and range in time commitments. You may receive updated information on school activities, news, and events by accessing the district web site ([www.glencoeschools.org](http://www.glencoeschools.org)). We also encourage you to register to receive our weekly email newsletter (see page 11). Do not hesitate to reach out should you have questions or feedback on the happenings within our schools. We value hearing your voice and input as we work together to educate the children across our schools.

We hope the summer has served as a time to refresh and reconnect with family and friends. While our schools were buzzing with the sounds of cleaning and maintenance projects, there was clearly something missing...our students! We are thrilled to have opened our doors to over 1,200 students as our 2015-2016 school year launched on August 25<sup>th</sup>. Our mission is to continue the tradition of teaching the whole child and celebrating excellence across our schools. On behalf of our Board of Education, teachers and support staff, thank you for joining us as a partner towards this mission. ■

Sincerely,

*Catherine Wang*

### Welcome from Christine Zelaya

I am very honored to have joined the exceptional team of educators in Glencoe School District 35. As the newly appointed Director of Curriculum and Instruction, I have the good fortune to continue the curricular work as we refine our instructional practices to align to the Illinois Learning Standards and Next Generation Science Standards. We are currently developing our vision for our full-day kindergarten program to begin with the 2016-17 school year. We have many exciting next steps ahead!

I look forward to getting to know our students, staff and families as we partner in educating the students of Glencoe School District. ■

*Christine Zelaya*

## Kindergarten Registration for the 2016-2017 Year

In preparation to implement a full-day program and ensure all of our curricular and staffing considerations are in place for opening day, we will be shifting our registration process for kindergarten. **Registration for the 2016-2017 Kindergarten class will be held on October 1, 2015 from 7:00 a.m. to 6:00 p.m. at South School.** During registration, you will indicate your desire to enroll in our full day program. Additional details about the full-day implementation may be found at [www.glencoesouth.org](http://www.glencoesouth.org).



1. Children must be 5 years of age on or before September 1, 2016
2. Bring your child's original birth certificate
3. Bring in proof of residency documents
  - a) Your most recent property tax bill and proof of payment or Lease and proof of last month's lease payment
  - b) 3 documents with your name and address

All students will receive the core curriculum in a half-day or full-day program. Those students who will attend the full-day kindergarten program will engage in more in-depth learning experiences of the core curriculum during the additional time they are in class. The full-day program also offers the following advantages:

- Time to support more individualized instruction to meet the unique needs of each student.
- Greater opportunities for both free and structured play emphasizing social emotional learning activities that promote teaching integrity, understanding, empathy, tolerance and socialization through cooperative play.
- Provides more opportunities for integration of technology within daily instruction.
- Allows increased time dedicated to fine arts classes such as art, music, Spanish and physical education. ■



## Budget Hearing Held on August 31, 2015

The proposed District 35 budget for the 2015-2016 fiscal year was reviewed Monday, August 31, 2015. The review was conducted during a public hearing in Young Auditorium at Central School during the regular monthly meeting of the Board. A tentative draft of the budget was approved during the June 1, 2015 Board meeting and has been available for public review since that date.

The tentative budget identified operating revenue for our school district as \$25,500,358. The sources of these funds are:

- Local (96%),
- State (3%), and
- Federal (1%).

Operating expenses for the 2015-2016 fiscal year are budgeted at \$24,599,456. As in past years, the largest operating expense is employee salaries and benefits (75%), with purchased services, supplies, capital outlay, tuition and contingency ranging from 1% to 8% of the total operating budget.

The FY16 Tentative District Budget is available on the District 35 web page at [www.glencoeschools.org](http://www.glencoeschools.org) and is also on display in each school office and the Board of Education Office. For questions regarding the District 35 budget or budget hearing, please contact Jason Edelheit, Director of Finance and Operations, at [edelheij@glencoeschools.org](mailto:edelheij@glencoeschools.org). ■

## Register for Weekly eNews

South, West, and Central Schools each have their building news posted online for families, students, and community members. Weekly updates may be found at the following websites:

South School [www.glencoesouth.org](http://www.glencoesouth.org)  
West School [www.glencowest.org](http://www.glencowest.org)  
Central School [www.glencoecentral.org](http://www.glencoecentral.org)

Parents and community members may also sign up to automatically receive the District newsletter via e-mail. To do so, register at the following site: [www.glencoeschools.org](http://www.glencoeschools.org).

Families who previously registered do not need to register again for the coming school year. ■

## New Staff Members Join Glencoe School District

Glencoe School District is pleased to welcome the following staff members:

### South School

**Allison Gibson**, 2<sup>nd</sup> grade Teacher; **Megan Keller**, 2<sup>nd</sup> grade Teacher; **Laura Rose**, Speech & Language Pathologist; **Jill Stalter**, 2<sup>nd</sup> grade Teacher; **Susan Butman**, Special Education Teacher Associate; **Josh Olian**, Special Education Teacher Associate; **Christina Benetatos**, 1<sup>st</sup> grade Teacher Associate.

### West School

**Olivia Baad**, 4<sup>th</sup> grade Teacher; **Ann Pasquesi**, 3<sup>rd</sup>-4<sup>th</sup> grade Special Education Teacher; **Amy Shearer**, 3<sup>rd</sup>-4<sup>th</sup> grade Special Education Teacher; **Olivia Hoyt**, School Nurse; **Andrea Chusin**, Reading Specialist.

### Central School

**Sarah Butler**, 7<sup>th</sup> grade Math Teacher; **Kristina Finnerman**, 6<sup>th</sup> grade Teacher; **Jennifer Meyer**, 6<sup>th</sup> grade Teacher; **Courtney Quinn**, 6<sup>th</sup> grade Teacher; **Kristen Craig**, Special Education Teacher Associate. ■

## Mentor Program for District Teachers

Research has shown that teachers need more than a strong handle on their content and educational practice to succeed in a new school. To be successful, new teachers also need to feel welcome and supported in their school community. A team of teachers and administrators reviewed needs and made revisions to our District 35 Mentoring Program. During June, twelve teachers participated in a two-day training program to prepare for their role as Mentor in our schools. We offer a two-year mentor match for teachers new to our schools and a newly designed one-year mentor match for teachers who shift teaching roles within our schools. Our work with mentors and mentees is instrumental in ensuring a successful year for our students across the schools. ■



## Summer Construction

We are pleased to open the school year with a newly renovated entrance to South School. The summer work included a relocation of South School's office and modification of the entrance pattern to the school. Similar to West and Central, South visitors now gain entrance into the main part of the school by being buzzed from the vestibule into the school office. In order to accommodate the office shift, a classroom and several support service offices were also updated in the front section of the school.

Additionally, in each school custodial staff members were busy cleaning classrooms, polishing floors, painting and preparing each building for the start of another school year. ■



## Parent/Teacher Conferences

Parent/Teacher Conferences offer an opportunity for parents and school personnel to partner in their child's education. This is a time for both parties to share and gain information about the child. Fall Conferences are scheduled for November 12th and 13th. However, parents are encouraged to contact teachers at any time throughout the school year to ask questions about their child's progress or to share information pertinent to a child's experience in our schools. ■

## Look What Is Growing at West School!



Through the generosity of the Glencoe PTO our school district has expanded outdoor learning opportunities. A new garden has been installed on the grounds of West School. In conjunction with our alignment of our science units to the Next Generation Science Standards, the new garden will be a critical outdoor learning space to lead students in hands-on investigations. Each classroom will take ownership of a raised bed and make decisions about crops for learning. Summer professional development time has been dedicated to the integration of the garden into classroom units of study. Special thanks to Clair Durkes and Deborah Shapiro for their leadership in developing our new units of instruction. Watch the West School website for updates on the growth at West. ■

## Instant Alert Testing

On Sunday, September 20<sup>th</sup> the Instant Alert System will be tested at 2:00 p.m. In the event of an emergency, school closing, or the need to share important information a message will be delivered to the contact information on file for students.

Parents are asked to contact Roseanne Nelson at either 847-835-7816 or via e-mail at [nelsonr@glencoeschools.org](mailto:nelsonr@glencoeschools.org) to update contact information. ■



## Glencoe PTO

The Glencoe PTO works in close partnership with District 35 to support our schools through various fundraising initiatives and special events. Each year's success is due to a dedicated team of parent volunteers and active parent participation. As a non-profit organization every dollar raised goes directly to support the schools

PTO projects include the purchase of iPads and essential software for students, the McKeon Fund which ensures our students can participate in field trips, clubs and even lunch regardless of ability to pay, parent education programming, 30+ extracurricular clubs, cultural arts programming, author visits and much more.

Support the PTO in one or more of the following ways:

**PTO Lunch Program:** One of the main PTO fund raising projects is the lunch program. The Glencoe PTO is pleased continue with their lunch partner - **Marla's School Lunches**. An enhanced menu with a greater variety of participating local restaurants, more healthy & fresh options, vegetarian and gluten-free items, and an easy ordering process is available. Orders may be placed at [marlalslunch.orderlunches.com](http://marlalslunch.orderlunches.com).

**Join the PTO:** Membership dues go directly to support the PTO's goals. **Volunteer:** Join one of the many active PTO committees and assist with meaningful programs and initiatives supporting the schools. More information is available on the PTO web page: [www.glencoepto.org](http://www.glencoepto.org) and Facebook: [facebook.com/glencoepto](https://facebook.com/glencoepto). ■

## Executive Director

William Hansen, MSW

## Board of Directors

*President*

Nicole Hayek

Lisa Cardonick

Kimberly DuBord

Elaine Duckler

Wendy Netter Epstein

Erica Freeman

Erika Goldstein

Heather Jagher

Melissa Jarmel

Niki Kittnar

Amy Maher

Jennifer Mesterharm

Diane Miller

Rachel Stein

Jennifer Stone

Nicole Wineman

## Villagers

Marisa Bingham

Rene Firmin

Rebecca Hoffman

Karen Mason

Steve Santiccioli

Deb Wrobel

## Advisory Committee

Barbara B. Appelbaum

Lonnie Barefield

Laura Bayley

Barbara Davis

Rabbi Wendi Geffen

Stephen Helpern

Heidi Kiesler

Emily Knight, PhD

Rabbi Steven Lowenstein

Claudia Mion-Spiesz

Marilyn Perlman, PhD

Lois Scheyer

Diane Schwarzbach

Robert Sideman

Wendi Williams

Reverend David Wood

## FSG Office Locations

675 Village Court  
and

361 Park Avenue  
Glencoe, IL 60022  
847-835-5111

[www.familyserviceofglencoe.org](http://www.familyserviceofglencoe.org)



## EXECUTIVE DIRECTOR'S MESSAGE

Dear Friends and Neighbors:

I am honored to join Family Service of Glencoe as the new executive director. In my short time here, I have come to know the organization as a provider of high quality services with a deeply committed and caring board and staff. I am grateful for the opportunity to serve and support you, the residents of this beautiful community. I thank our board of directors, staff, and residents for your warm welcome.

Once upon a time, I had aspirations to be a college professor of Spanish language and literature. I was about mid-way through a master's degree program at the University of Illinois and on a teaching assistantship. I got a summer job teaching preschool children in a migrant Head Start program in Hoopeston, Illinois, a farming community northeast of Champaign/Urbana. By summer's end, I had made a decision to change careers, returned to Chicago to find a job, and my journey in human services began.

Working with the children of migrant farmworkers and their families opened my eyes to the plight of those less fortunate, both economically and socially. The quality

of their lives was not measured by wealth or material possessions. They lived in one-room barrack-style homes, drove 12-year-old beat-up station wagons, and dressed simply. Despite their economic circumstances, the families with whom we worked had many strengths and assets, most especially one that I would term resilience. They were generous of spirit, a warm and loving community of families and friends who shared what they had. This was the beginning of my real social work education; working with a strength-based approach rather than a focus on people's problems or deficits. In the process, I have learned to respect the uniqueness and integrity of every individual, especially those whose culture and values differ from my own.

Throughout my career, I have also learned that need does not just exist where resources are scarce. The myth that well-off communities do not have problems is just that. I have seen in my own community of Deerfield, and I know from personal experience, that we all need help from time to time. In my roles as father, husband, son, sibling, and friend, I and those close to me have experienced personal tragedy, emotional stress, addiction, grief and loss. There have been many occasions when my family and I have needed help to get through a tough time. This is a part of the human condition, and I can empathize and relate to those who experience a similar situation.

At Family Service of Glencoe, I am proud to lead a group of caring staff. We are here to help. Please call on us as the need arises. ■

Sincerely,

*William (Bill) Hansen, MSW*

Executive Director

[william@familyserviceofglencoe.org](mailto:william@familyserviceofglencoe.org)



**Glencoe**  
SOCIAL CLUB



**Glencoe Social Club** is encouraging residents to #GetSocial!

We are a full service board of women and men dedicated to bringing fun events to community residents. Helping create friendships among those in our community is just one of our goals. We also welcome those new to the community and work hard to help them connect with others in the club and in Glencoe. We host a variety of events throughout the year including family events, ladies/guys nights out, adult events,

casual get-togethers, monthly book clubs and weekly play groups. Our membership fee is per family and the membership year is September to September. Members enjoy special pricing on events, members-only events and free events. Join us for our biggest event of the year—our adult beach party on September 12.

Check out [www.glencoesocialclub.com](http://www.glencoesocialclub.com) for more details and become a member, or contact club president Jessica Rosien with any questions at 608-320-9833. ■

## The Faces of FSG: Julie Pettinato

This spring, FSG welcomed a new therapist to our clinical team. Julie Pettinato, LCSW seeks to uncover each client's unique strengths and talents in the creative process of problem solving. She views therapy as a collaborative effort—an ongoing conversation where the therapist is a co-thinker in finding solutions. Julie believes that successful therapy is client-centered and strengths-based. She sees the whole person—respectful of culture, spirituality, and family systems.



Julie pursued a career in social work in response to her own family system. She gained an appreciation for human development by watching her two sons grow up. Julie earned her master's in social work from Loyola University Chicago in 2008. Her favorite thing about being a counselor? She enjoys building relationships with clients—the diversity of people, roles, and perspectives that she meets and celebrating their successes.

People are prompted to seek counseling for a host of reasons—a difficult relationship, self-discovery, career change, addiction and much more. Julie views the first therapy session as an opportunity to determine client-therapist fit. This mutual decision is important in building an alliance for growth and achieving one's personal counseling goals. There is typically not one answer or specific solution for everyone. Rather it's reassurance in general that we all need.

Julie's work currently focuses on how child and adult attachment patterns shape our most important relationships and life experiences. From this perspective, she helps youth, adults, families, and couples identify particular patterns and modify thoughts, feelings, and behaviors in order to strengthen healthy connections. She is also completing a Certified Alcohol and Other Drug Abuse Counselor (CADC) program and will be expanding her role to include substance abuse counseling this fall. Julie is passionate about recovery and desires to see the stigma and shame associated with addiction removed so that real healing can occur. She will be co-facilitating a new SMART Recovery group in Glencoe. The group has no labels and can help with any addictive behavior that one would like to see changed.

For more information about SMART Recovery or individual/family counseling, please email Julie at [Julie@familyserviceofglencoe.org](mailto:Julie@familyserviceofglencoe.org). ■

## Living with Boomerang Kids: Tips for Both Generations

Just as they are getting comfortable in their empty nests, an increasing number of parents are finding it necessary to readjust as their adult children return home. Whether it's because of a financial crisis, job loss, or a divorce, as many as 39% of adults, aged 18-34, report having moved back home in recent years, according to a Pew Research Survey.

For some, this is a wonderful way to bring the family closer together in a time of need. But for many, having two adult generations under the same roof can be wrought with stress and aggravation.

It's quite common for frustration and resentment to build on either side due to fights over tidying up, exhaustion from doing all the cooking, or feeling a sudden loss of privacy. To prevent these negative feelings from taking over, there are a number of helpful strategies both generations can use.

Julie Pettinato, LCSW, of Family Service of Glencoe, offers the following advice to help parents and their adult children live more harmoniously under the same roof.

*Parents should:*

### **Establish clear boundaries – early and often.**

It's important to be explicit about your expectations surrounding household chores, financial arrangements (rent, groceries, etc.), and other behaviors (privacy, daily schedules, noise level). Make an effort to ensure the tone of your conversation is collaborative, not authoritarian. This demonstrates respect for your adult child and encourages their reciprocal respect. Schedule regular family meetings to check-in and modify any plans or agreements as necessary.

### **Use positive reinforcement.**

Positive reinforcement is as effective with adults as it is with younger children. In fact, positive reinforcement improves all types of relationships (spouse, other family members, friends, colleagues). Make a point of noticing and complimenting any behaviors you would like to see repeated. Such as, "I noticed you're hitting the job search really hard. You scored three interviews last week. Great job!" or "I really appreciate your stocking the fridge yesterday and even buying some of my favorite items. You saved me the time and aggravation of having to grocery shop today. Thanks!" Positive reinforcement provides essential support for an adult child who might be struggling with difficult feelings and other hardships.

### **Get support for yourself.**

It is natural to feel some challenging emotions about your children returning to the nest. Likely, you appreciate being able to spend more quality time with them. However, you may also feel fear, anxiety about their future, or doubts about whether or not you parented "optimally" when they were young. Often, discussing these feelings and reframing them with a counselor can be helpful in quieting any negative self-talk that you may be experiencing.

*Adult children should:*

### **Be mindful of behaving like an adult.**

Moving back in with your parents can easily trigger prior family of origin dynamics. Too often, adult children who have moved back home report feeling like they are kids again. Be mindful and purposeful in behaving like your adult self. Stick to agreed-upon house rules. Remember that consistency is key to changing old patterns of behavior within the family.

Use this opportunity to deepen your relationship with your parents.

As an adult, you have new skills, experiences, and perspectives. Notice how this impacts your view of your family of origin, and in particular, your view of your parents. You might appreciate them in new ways, and sharing such observations with them might deepen your relationship with them. During this season at home, you have a unique opportunity to establish and solidify a two-way supportive relationship in place of the mostly one-way caregiving relationship that exists from parent to young child.

### **Get support for yourself.**

It is natural to feel mixed emotions if life circumstances require you to return to the nest. No doubt, the decision to live at home is not one made lightly, and may be part of an overall larger, responsible, and well thought-out plan. Still, feelings of fear, anxiety, shame, or doubt may cause problems. Collaboration with a therapist can help you reframe any problematic negative self-talk, making achieving your goals more attainable.

*Family Service of Glencoe provides counseling services for all who live or work in Glencoe regardless of ability to pay. To find out more about how FSG can help you, call 847-835-5111 to make an appointment. ■*

## Join the Voices for Recovery: Visible, Vocal, Valuable!



September is National Recovery Month. Results from the 2013 National Survey on Drug Use and Health showed that approximately 21.6 million people age 12 or older were classified with a substance dependence or misuse disorder. Seeking help can be challenging, especially when people fear discrimination and often feel isolated and alone. FSG believes that recovery is possible. Let's stand with our family members, friends and neighbors who are struggling with addiction so they become aware that they are not alone in their efforts. The right support system can help ensure that those in need are addressing the following four key aspects of recovery.

**Health:** The person learns to overcome or manage his or her condition(s) or symptom(s)—and make informed, healthy choices that support physical and emotional well-being.

**Home:** It is also important to have a stable and safe place to live.

**Purpose:** A person in recovery participates in meaningful daily activities, such as a job, school, volunteer opportunities, family caretaking, or creative endeavors, and has the independence, income, and resources to participate in society.

**Community:** Relationships and social networks should provide support, friendship, love, and hope. ■

### Taking on the Tough Topics

Divorce. Sex. Death. Bullying. Violence. All kids have questions about difficult topics and it is our job as parents to provide information. How do we get our kids not only to listen but to actually engage in the conversation?

How you start the dialogue will depend upon your child's age and level of maturity. You can obviously delve deeper into a topic with a teenager than with a younger child. First, find out what your child already knows. If your son asks a question, respond first with your own. "What have you heard?"

or "What do you think?" will give you a sense of what he understands or possibly misunderstands. His answers will clue you in to his concerns or confusions. Once you determine the scope of the question, keep your answers simple and appropriate to the child's age. Most importantly, answer your child. When we, as parents, do not respond with openness and willingness to discuss, children may read from the silence that this subject is taboo.

Use everyday opportunities to talk about topics. It is often helpful to reference an article you read in the newspaper or online, describe a storyline from a television show, or even talk about a person you know who is confronting a similar situation. Creating scenarios may also lead to an engaging discussion. Tell your daughter that a friend is looking for advice on how to handle a situation and ask if she has any ideas. This will give you insights into what your child knows about a topic and how she feels about it. For younger children, reading a storybook—about death or bullying, for example—is a great way to get them thinking and talking. Discuss what the characters are feeling and ask your kids how they would react to that situation.

While some kids are happy to sit across from a parent and have a one-on-one conversation, this intimacy is uncomfortable for others. If your child balks at this kind of interaction, pick a moment when you are together but otherwise engaged such as in the car, playing a video game, painting your nails together, or shooting baskets. Some children feel safest at bedtime snuggled under the covers. Lie next to your children and see what's going on in their heads and hearts, shielded by the dark.

Caught off guard by your child's question? Don't feel the need to answer at that very moment. It's okay to tell your child, "I want to talk with you about this but I want to think about it for a little while first. How about we sit down together after dinner?" Sometimes our children bring up difficult topics at inopportune moments such as in the car on the way to school. Tell your child that you will revisit the topic later, when you have unlimited time to sit down together. Be sure to follow through—your children will be reluctant to come to you in the future if you brush them off now.

Do not expect the conversation to be "one and done." Children often need time to digest new information and may bring a topic back up several times. Use this as an opportunity to further explore their unique thoughts and feelings. Ultimately, creating an open dialogue with your kids will broaden their understanding of the world as well as strengthen and deepen your relationship. ■

### Rainbows for All Children Coming this Fall

Rainbows for All Children, an international nonprofit organization based in Evanston, supports youth as they navigate grief and heal from loss, whether from death, divorce, deployment, or other trauma. With trained facilitators and age-appropriate curriculum, Rainbows offers peer-to-peer support groups. The Rainbows curriculum is designed to help children understand their loss, resolve their grief, learn coping strategies, and develop valuable life skills.



A new Rainbows support group is coming to Glencoe in October. The program is free to all children of all racial, ethnic, and religious backgrounds. The 14-week sessions must be pre-arranged for children ages five to eight and will be held at the Church of St. Elisabeth at 556 Vernon Avenue. Contact the church office for more information and exact dates and times at [office@steglencoe.org](mailto:office@steglencoe.org) or 847-835-0458. Learn more at [www.rainbows.org](http://www.rainbows.org). ■

Local Postal Patron  
Glencoe, Illinois 60022

## The Glencoe Farmers Market NEEDS YOU!

As reported in the last issue, and as you likely have noticed, the Farmers Market has been on hiatus this year, a decision made by the Chamber of Commerce Board, in consultation with Village staff, recognizing that the current model was in need of a “TuneUp”.

In order to receive feedback from residents, an online Farmers Market survey was created in June, and was available at [www.glencoetuneup.com](http://www.glencoetuneup.com), in order to better understand: Whether there was community interest in continuing the market; What day/time was preferred; and What items are most desired.

The complete survey results, to date, are available for viewing at [www.glencoetuneup.com](http://www.glencoetuneup.com).

Here is a quick summary:

- Nearly half of all respondents attend a few times during the season; a quarter attend weekly;
- Primary issues noted include the market being too small/too few vendors; other area markets provide more variety in types of goods; and the location not visible or ideal;
- Respondents were overwhelmingly positive in terms of supporting an improved market;
- Saturday morning is the preferred day and time; and
- Most desired items include fresh produce, followed by flowers/plants, eggs/cheese/meat, and baked goods.

The next step is to form a Farmers Market steering committee comprised of volunteers interested in working together to envision a new, improved market that is uniquely Glencoe. This approach is a change from past practice of contracting with an outside manager to run the market. If you are interested in serving on the steering committee, please contact Planning & Development Administrator Nathan Parch at 847-835-4111 or [nathanp@villageofglencoe.org](mailto:nathanp@villageofglencoe.org).