

## Wellbeing Calls

## Get a Call – Give a Call

Do you know someone who might like to *"Get a Call"* . . . . . . and hear a friendly voice on the other end of the line?

Someone who is often alone and apart from companionship? Perhaps their family is not close at hand and their friends may have moved away. Sometimes it's just hard for others to make consistent and frequent check-ins with a loved one. Life gets busy, but people do want and need connection.

Well Being Calls can be a solution. Well Being Calls can be arranged for older adults living alone and provide a connection with someone who is in tune with the needs of an older adult. Well Being Calls can also fill the gap in between visits from professional or family caregivers.

There is no charge for Wellbeing Calls and they can be easily scheduled.

Contact: Services for Adults Staying in Their Homes (SASI) 847/864-7274 info@SASIathome.org

Would you like to "Give a Call" . . .

... and make someone's day brighter?

You can be a Well Being Call volunteer for SASI. Some older adults living alone may not interact with others on any regular basis. Some may be isolated and lonely. You can help! As a Well Being Call volunteer you will make regularly scheduled calls to older adults living alone—being a friendly human voice and, if need be, a referral to other needed community services. This is more than good will—it is a real personal connection in what can sometimes seem to be an impersonal world.

Make a difference. Talk to us about being a Well Being Call volunteer.

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SASI is a community nonprofit 501 (C)(3) organization. SASI supports the efforts of older adults to remain in their homes: we make living easier.

Services for Adults Staying in Their Homes (SASI) . 1123 Emerson Street, Evanston, IL 60201 www.SASIathome.org 847.864.7274 info@SASIathome.org